

# Dr. Susie Mendelsohn to be Featured on CUTV News Radio

FT. LAUDERDALE, FLORIDA, USA, September 13, 2016 /EINPresswire.com/ -- Half of a patient's success in therapy is ultimately determined by the relationship between therapist and patient.

Dr. Susie Mendelsohn assists her patients to reach their greatest potential. As a licensed clinical psychologist, Dr. Susie possesses the skills, compassion and experience to provide her clients with the tools to live life and not merely survive it.

"When my clients first come to see me, many of them are in survival mode, just barely hanging by a thread," says Dr. Susie. "I help my clients by empowering them to transform their lives so they can soar."

Hence her trademarked logo: "Dr. Susie: TransformEmpowerSoar."

For over 20 years, Dr. Mendelsohn has specialized in eating disorders, asserting herself among the country's foremost experts on the subject with her

book *It's Not About the Weight: Attacking Eating Disorders From the Inside Out*.

But Dr. Mendelsohn has since transitioned the focus of her practice toward a new passion for couples counseling.

"As an eating disorder specialist you have to understand all the general mental illnesses as well as how to treat relationships," says Dr. Susie. "I have a genuine passion to help people; I have the skills and I care about every single person sitting in front of me."

Dr. Susie says she has a belief in the human capacity to grow and change. She approaches treatment in a holistic and scientific manner, utilizing every tool at her disposal. She combines both eastern and western philosophies in her work with clients. In the process, clients will gain insights, more positive thinking styles, skills for coping effectively with stress, and an appreciation for the development of the human spirit.

In relationship counseling, clients can develop the necessary skills for communication, trust, intimacy and family planning within a relationship or rebuild positive self-image after a broken relationship.

With a style that has been described as "respectfully confrontational," Dr. Susie holds her clients



accountable to make the necessary changes that will lead them toward transformation.

“A lot of therapists are afraid to be confrontational because they’re afraid to lose the client,” says Dr. Susie. “If you’re distressed and you want to change but your therapist isn’t engaged in the process of changing your perception, they’re doing you a disservice. I love when clients come to me after they’ve been to other therapists because I’m proactive. I provide actual tools to my clients to use to improve their lives. We don’t just talk about it; we apply the tools. Practice makes proficient.”

CUTV News Radio will feature Dr. Susan Mendelsohn in an interview with Doug Llewelyn on September 15th at 12pm EDT and with Jim Masters on September 22nd at 12pm EDT.



Listen to the show on [BlogTalkRadio](#).

If you have a question for our guest, call (347) 996-3389.

For more information on Dr. Susan Mendelsohn, visit <http://www.transformempowersoar.com>

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*Dr. Susie Mendelsohn*

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